The Season of Lent 2025 (3/5 - 4/19)

Lent is forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo-Saxon word 'lencten,' meaning "lengthen" and refers to the lengthening days of spring. The forty days represent the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.

Lent is a time of repentance, fasting, and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent began as a period of fasting and preparation for baptism by new converts and then became a time of penance by all Christians. Today, Christians focus on a relationship with God, growing as disciples and extending ourselves, often choosing to give up something or volunteer and give of ourselves for others.

Sundays in Lent are not counted in the forty days because each Sunday represents a "mini-Easter." This is why you will see the designation "Sunday in Lent" rather than "Sunday of Lent" in the naming of these Sundays. On each Lord's Day in Lent, while Lenten fasts continue, the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection. (www.umc.org)

During this Lenten season, please have an intentional time of prayer, read the scripture with the schedule (back of the paper) and write a journal with it, give up some things that focus on yourself as we remember Jesus' sacrifice for us, and do more good things for others.

It would be a challenging and blessing season for you and St. Paul UMC. Let's focus on God and God's love through Jesus' life on earth. We are followers of Jesus. We are disciples of Jesus. We are a family of God.

This year's Lenten journey will help and lead us into a deep relationship with God. May God be with you and bless your willingness and time with God!

** Service Schedule in Lent

- *Ashes To-Go: 3/5 (Wed.), 10 am 11:30 am, SMILE parking lot.
- *Ash Wednesday Service: 3/5 (Wed.), 7 pm, St. Paul UMC
- *Rise Against Hunger Meal Packing Mission Project: 4/12 (Sat.), 1:30 pm 3:30 pm
- *Maundy Thursday Service: 4/17 (Thur.), 7:00 pm, St. Paul UMC
- *Good Friday: 4/18 (Fri), SMILE Cross Procession: 11:30 am. St. Peter's Church

Service: 12:00 pm, Our Lady Star of the Sea Church.

Good Friday Service, 7:00 pm, St. Paul UMC

*Easter Egg Hunt: 4/19 (Sat.), 1:00 pm - 3:00 pm

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2025 Lenten Season Gospel Reading

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Shrove Tuesday Pancake	Day 1 (3/5) Ash Wednesday Service (7:00 pm)	Day 2 (3/6)	Day 3 (3/7)	Day 4 (3/8)
		Dinner (5 – 7 pm)	Matthew 1-3	Matthew 4-6	Matthew 7-9	Matthew 10-12
Worship the Lord! (3/9)	Day 5 (3/10)	Day 6 (3/11)	Day 7 (3/12)	Day 8 (3/13)	Day 9 (3/14)	Day 10 (3/15)
	Matthew 13-14	Matthew 15-16	Matthew 17-18	Matthew 19-20	Matthew 21-22	Matthew 23-24
Worship the Lord! (3/16)	Day 11 (3/17)	Day 12 (3/18)	Day 13 (3/19)	Day 14 (3/20)	Day 15 (3/21)	Day 16 (3/22)
	Matthew 25-26	Mathew 27-28	Mark 1-3	Mark 4-6	Mark 7-9	Mark 10-12
Worship the Lord! (3/23)	Day 17 (3/24)	Day 18 (3/25)	Day 19 (3/26)	Day 20 (3/27)	Day 21 (3/28)	Day 22 (3/29)
	Mark 13-14	Mark 15-16	Luke 1-3	Luke 4-6	Luke 7-9	Luke 10-12
Worship the Lord! (3/30)	Day 23 (3/31)	Day 24 (4/1)	Day 25 (4/2)	Day 26 (4/3)	Day 27 (4/4)	Day 28 (4/5)
	Luke 13-14	Luke 15-16	Luke 17-18	Luke 19-20	Luke 21-22	Luke 23-24
Worship the Lord! (4/6)	Day 29 (4/7)	Day 30 (4/8)	Day 31 (4/9)	Day 32 (4/10)	Day 33 (4/11)	Day 34 (4/12) Rise Against Hunger (1:30 pm)
	John 1-2	John 3-4	John 5-6	John 7-8	John 9-10	John 11-12
Worship the Lord! (4/13)	Day 35 (4/14)	Day 36 (4/15)	Day 37 (4/16)	Day 38 (4/17) Maundy Thursday Service (7:00 pm)	Day 39 (4//18) Good Friday Service (7:00 pm)	Day 40 (4/19) Easter Egg Hunt (1:00 pm)
	John 13-14	John 15-16	John 17-18	John 19-20	John 21	1 Cor. 15