

ST. PAUL UNITED METHODIST CHURCH

MESSENGER

March 2023



Greetings, St. Paul UMC family and friends! I hope and pray that you are doing well. It's the season of Lent from February 22 to April 8 this year. Did you decide what to do, giving up or/and doing more?

Here is an idea you can do this Lenten season. It's from the UMC website.¹

TOP TEN THINGS YOU CAN TRY FOR THE LENTEN SEASON:

10. **Try an electronic fast.** Give up TV, Facebook, texting, tweeting, email, and everything electronic for one day every week. (Or every day of Lent!) Use the time to read and pray. Learn about fasting.²
9. **Start a prayer rhythm.** Each day of Lent, pray for another person.
8. **Go deeper.** Take an online course³ as a part of your Lenten discipline.
7. **Forgive someone who doesn't deserve it (maybe even yourself).** Study a book on forgiveness, such as Forgiveness, the Passionate Journey.⁴
6. **Give up soft drinks, fast food, tea, or coffee.** You can also use the money you save to help folks in different parts of the world who are in crisis.
5. **Create a daily quiet time.** Spend 10 minutes a day in silence and prayer. Read a daily devotional for the season of Lent.⁵ See how it can help you add spiritual practice to your daily life beyond Lent.

1 <https://www.resourceumc.org/en/content/lent-101>

2 <https://www.upperroom.org/resources/fasting>

3 <https://urelearning.upperroom.org/courses>

4 <https://store.upperroom.org/product/forgiveness-the-passionate-journey>

5 <https://www.upperroom.org/devotionals>

4. **Cultivate a life of gratitude.** Write someone a thank-you letter each week, and be aware of how many people have helped you along the way. Learn more about the spiritual practice of gratitude.⁶
3. **Visit Sight Psalms**⁷ and spend time in visual meditation and prayer.
2. **Volunteer** one hour or more each week with a local shelter, tutoring program, nursing home, or prison ministry. Pray for the world.⁸
1. **Pray for others** you see as you walk to and from classes or drive to and from work.

The season of Lent calls us for self-examination, reflection, confession, and repentance. This inner examination is challenging and arduous because it necessitates confronting unpleasant realities about ourselves rooted in our flawed human nature. We must face the darkness we have concealed or overlooked within ourselves, which might elicit tears or a sense of shame, to find a way out. If we continue to ignore them, they will come to us repeatedly. Of course, there's a way out. We can find a genuine way out with the help of God's grace because God is the master of every life, and God promised that God will be with us and lead us in God's way.

We can have the courage to undertake this process based on God and God's faithfulness. In addition, we can find redemption, reconciliation, and restoration out of our darkness because it is God's will for us, so be patient, stay with God's love, and go through it with the living God.

Therefore, let us be courageous and faithful as we continue this Lenten journey, remaining receptive to God's guidance with open hearts and ears. God will lead us along the path God has laid for us.

From Rev. Myungha Baek

6 <https://www.upperroom.org/resources/spiritual-practice-cultivating-joy>

7 https://www.upperroom.org/sight_psalms/

8 <https://www.upperroom.org/resources/praying-for-the-world>



Rev. David S. Showalter

The goal of St. Paul Youth Ministries is to nurture our youth toward LIFE-LONG Discipleship of Jesus Christ through a theology of “intergenerational adoption” of our youth by congregants of all ages. We begin in “Youth Ministry” and “end” in “family”...the family of God.

We continue to explore aspects of “who Jesus is” and God’s plan to save the world through Jesus at our Uprising! Youth gatherings thru a lens of the Book of Luke and the “Life Revealed” (video-based) series developed by Alpha and The Bible Project. We expect this series to run into mid-spring.

17 youth and 7 adult advisors/chaperones participated in Snow Camp the weekend of Feb. 17-19. We toured the 9/11 Flight 93 National Parks Memorial on our way to Snow Camp and received a stellar tour and rendition of what happened that day from a Park Ranger. We focused our thoughts on Jesus’s words to His disciples in John 15:13. The theme of Snow Camp was “Be Bold (in our faith) with much of the sessions focusing on “being and staying ‘in step with’ Jesus.” Our St. Paul Uprising! Uth Snow Camp Gaga Ball team again won the Saturday night tournament and our students received compliments from Snow Camp staff and also from several fellow (older adult) diners at our lunch stop while returning on Sunday.

We’ve extended the invitation to our youth to participate in the “Rise Against Hunger” event as our weekend activity for April 1 & 2. We’ve also offered an additional (and optional) event in the Franklin Graham “God Loves You” tour stop at Charles County Fair Grounds with music by Newsboys on April 29.

HS Sunday school class continues in our sessions exploring “following Jesus” in practical ways in our everyday lives and experience.

I have been asked to give the opening prayer at the vigil for Patuxent alum and former Panther football player Dajon “Mustard” Brooks in Patuxent stadium on Friday evening, March 10. Dajon succumbed to cancer at age 24. I of course agreed to do so.

FINANCE

Karen Hill, Chair

March, 2023 – Finance Summary

St. Paul UMC Finances as of 28 February 2023

	Actual (YTD)	Budget (YTD)	Annual Budget	Annual %
Contributions	\$ 52,221.32	\$67,100.60	\$399,519.35	13.1%
Expenses	\$ 68,386.13	\$61,331.85	\$399,519.35	17.1%

The St. Paul UMC congregations has graciously made an additional \$4,511 in benevolent (restricted giving) to benefit the ministries, missions and those in need in 2023.

Current Month (February)	Actual	Budget	Variance (better / worse)	Annual %
Contributions	\$ 26,086.89	\$ 33,469.80	(\$7,382.91)	-22.1%
Expenses	\$ 28,499.72	\$ 31,741.85	\$3,242.13	10.2%



St. Paul UMC will host a **'Meal packaging project'** against hunger.

April 1, 2023

1:30 pm to 3:30 pm.

Please mark your calendar and join us to pack 10,000 meal kits for the hungry in the world. If you want to support this project, please check out the link below.

<http://events.riseagainsthunger.org/StPaul2023>

You can donate any amount of money or/and register to set up (12:00 pm) / meal packing (1:30 pm) / clean up (3:30 pm). Let's serve God's beloved people who need help. We appreciate your participation!

We are looking forward this spring to a new mission activity during the Lenten season in 2023. We hope to do this in conjunction with volunteers from other local churches as well at the St. Paul campus. Pastor Baek has notified several other churches in the area for helping with participation.

To get started, we will need some funding using the annual Missions budget and a minimum of 40 volunteers for the event.

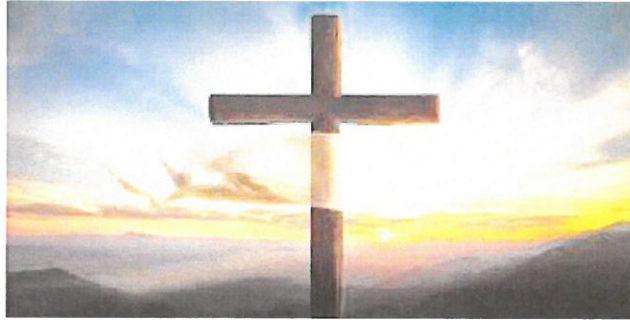
Pastor Baek and I had a video conference with the sponsoring organization to gain knowledge about the Mission. See attachment for link to the organization, its work across the world, and information about the project that we want to do in April 2023. ***riseagainsthunger.org***

There was a free will offering at the Shrove Pancake Dinner on February 21, 2023. Any funds above and beyond Kitchen costs will be forwarded to this project.

Please see Pastor Baek or Diane Schmidt with any questions. - Contact: Diane Schmidt (Mission Chair, 410-231-1898) or Church Office (410-326-4475, stpaulumcinfo@gmail.com)

Thank you so much for your service and participation!

— MARCH 2023 —



>>>> Save the Date <<<<

SMILE invites you and your congregation to its Annual Community Good Friday observance on April 7, 2023, in Solomons. We are pleased and thankful that Fr. Nathan Beall of Middleham/St. Peter's Episcopal Church (MSP) and Fr. Bob Kilner of Our Lady Star of the Sea (OLSS) are willing to host us once more.

We are delighted to welcome new faces to this gathering. We ask that clergy gather at St. Peter's Chapel in Solomons at 11:15AM for the Procession to OLSS with the Cross, to depart at 11:30AM. Persons who also wish to process may join them.

The service at OLSS begins at 12 Noon with the entrance of the Cross and will conclude by 1 PM. Members of SMILE churches can gather at OLSS starting at 11 AM to welcome the processors and the Cross. It always seems to be a very moving time!

We will be sending you fliers to post in your churches shortly. Please feel free to contact our committee if you have questions. I can be reached as follows: Sue Chabot, 443-758-6911 (cell), and suechabot7@gmail.com.

Prayer Requests



Call the Prayer Chain when you need a prayer for yourself or others. Activate it by calling anyone on the list anytime, day or night.

When called, they will pray for your concern and pass the concern on to the other prayer chain members. Do not hesitate to use the power our gracious Lord has given us. Call on Him for help and guidance.

John & Sessaly Boyd 410-326-4390
Ruth Humphreys 410-326-4687
Andy & Beth Rogers 410-326-6346
Dave & Debby Showalter 410-326-2150

Cal & Carolyn Colvin 301-862-3273
John & Robin Read 443-404-8559
Susan Leins Baker 410-326-6234

SPUMC COVID Statement

“COVID 19 and its variants are still with us. Health Care Professionals continue to recommend vaccinations and booster shots. St. Paul believes masks are a personal choice and will continue to provide them at the entrance along with hand sanitizer. And as always, if you don’t feel well, please stay home and visit us online!”

SMILE FOOD PANTRY

Hi Pantry Volunteers,

We have an immediate need for a volunteer(s) to pick up the perishable donations Friday mornings at 8 am from the Weis Solomons and Lusby stores. The food is set aside for us in carts, and just needs to be loaded into your vehicle, brought into the pantry, weighed, recorded, and set up on the shelves. This usually takes about 1 hour from start to finish. If you can help with this service opportunity, please let me know! We are VERY thankful to Joan and Jesse Sampson for their faithful pick-ups for these past few years!

**“SMILE” FOOD PANTRY
DONATIONS**

**Non-perishable grocery
items are collected the 1st
Sunday of each month in St.
Paul’s parking lot**

If every Friday is too much commitment, but you would be willing to help out once or twice a month, we can put together a schedule for this too. It's a great way of supporting SMILE in a behind the scenes effort. Just let me know!

Thanks for all you ALREADY do for SMILE - please pass this along to anyone else you think may be interested in helping out too!

Call at 410-326-0009 during store hours, or visit our Link: <http://smileinc.org>

OFFICE CONTACTS & INFORMATION

Senior Pastor: **Rev. Myungha Baek**
Church Email: ..PastorBaek@stpaulumc-lusby.org

Youth Pastor: **Rev. Dr. Dave Showalter**
Church E-Mail: dave4godsteens.stpaul@comcast.net

Admin. Assistant: **Kathy Matthews**
Church E-Mail: kmatthews@stpaulumc-lusby.org

OFFICE PHONE: **410.326.4475**





EASTER EGG HUNT

CRAFT • GAMES • AND MORE!

April 8th

**10 am-Until
Eggs are Gone**

**St. Paul UMC
11000 H G Trueman Rd.
Lusby**

**> Contact: Church Office:
(410) 326-4475/stpaulumcinfo@gmail.com<**

SMILE WOULD LIKE TO INVITE YOU TO JOIN US FOR OUR

Craft Fair Eggy-stravaganza



SATURDAY, APRIL 1ST ~ 9AM - 12PM

EASTER EGG HUNT STARTS AT 10AM

Over 35+ Local Crafters!

*MEET AND GREET WITH THE EASTER BUNNY

*GAMES

*FREE CONCESSIONS

*DOOR PRIZES

*50/50

*FACE PAINTING

*FREE FAMILY EVENT

*ALL AGES



10290 HG TRUEMAN ROAD
LUSBY, MARYLAND 20657

1/4 MILE NORTH OF CALVERT CLIFFS STATE PARK





03/01	STACY SCOTT	03/15	ZACHARY REEMSTEN
03/03	CHRISTOPHER (JOE) HUTCHINSON	03/15	BETH ROGERS
03/04	HAROLD MCCREADY	03/15	MARY SULLIVAN
03/05	JENNIFER ZINN	03/16	JAMIE SZEWCZYK
03/06	CINDY SHIPPERT	03/18	CELINE FISHER-FLAHERTY
03/06	HANNAH WILLIS	03/20	ANN MARIE PINKOWSKI
03/07	SHARON NICHOLSON	03/20	MIKE STEWART
03/09	CARSON EBERT	03/21	STEPHANIE DUNN
03/11	SHERRIE BELL	03/22	SHAWNA WELCH
03/11	CAITLYN MITCHELL	03/24	KAYLEE CURRAN
03/11	STACY WILLIS	03/25	DAE'ZHAN JOHNSON
03/12	SHIRLEY LAVISH	03/27	EMILY POUNCEY
03/12	Rileigh Yetter	03/29	Stacie Kackley
03/13	Kristina Wright	03/29	Lynda Shippert
03/14	Kathy Kindsvater	03/31	Thomas Cornett
03/14	Megan Shaw	03/31	Dani Langley
03/14	Sandra Younger		

GIFT CARDS

Every Sunday, food cards for Giant and Weis are available to purchase in the CLC. This assists in our operating budget.



Submissions for the April
Messenger are due March 15



LOST AND FOUND

SPUMC has a "Lost and Found" basket stationed in the lobby of the Christian Life Center. Please check the basket for missing items and/or call the office for assistance. Unclaimed, reusable, items are donated quarterly to SMILE.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	1	2	3	4
			6:15pm - Praise Band, 6:30pm - Choir Practice 7:30pm - AA, FH	6pm - Tide 10 U /AC 6pm - Trustees, Library 7pm - BS Troop #451 FH	Office Closes at Noon 4:30pm - OLSS 8pm - AA/FH @ FH	7am - Scouts Merit 6:30pm - System set up -
5	6	7	8	9	10	11
Worship (9 am & 11 am) 10am - SS classes 6pm - Youth - The Zone	6pm - Tide 10 U Baseball 6:45pm - Bible Study	9am - HeartFELT 6:30pm - Bible Study 7pm - BS Troop/FH	6:15pm - Praise Band, 6:30pm - Choir Practice 6:30pm - Lay pastor 7:30pm - AA, FH	5:30pm - Finance / FH @ 6pm - Tide U / AC 6:30pm - Council / Library 7pm - BS Troop/ FH	Kathy Away Office Closes at Noon 8pm - AA/FH @ FH	9:15am - CCALL/ AC 6:30pm - System set up -
12	13	14	15	16	17	18
Worship (9 am & 11 am) 10am - SS classes 6pm - Youth - The Zone	Kathy Away 6pm - Tide 10 U Baseball 6:45pm - Bible Study 7pm - Boy Scouts/FH	9am - HeartFELT 10:30am - Women's Bible 6:30pm - Bible Study 7pm - BS Troop/FH	4pm - Newsletter Article 6:15pm - Praise Band, 6:30pm - Choir Practice 7:30pm - AA, FH	7pm - BS Troop/FH	Office Closes at Noon 8pm - AA/FH @ FH	6:30pm - System set up -
19	20	21	22	23	24	25
Worship (9 am & 11 am) 10am - SS classes 6pm - Youth - The Zone	6:45pm - Bible Study 7pm - Boy Scouts/FH	9am - HeartFELT 6:30pm - Bible Study 7pm - BS Troop/FH	6:15pm - Praise Band, 6:30pm - Choir Practice 7pm - SPRC / Library 7:30pm - AA, FH	7pm - BS Troop/ FH	Office Closes at Noon 8pm - AA/FH @ FH	9:15am - CCALL / AC 6:30pm - System set up -
26	27	28	29	30	31	1
Worship (9 am & 11 am) 10am - SS classes 5:30pm - Youth - The	6:45pm - Bible Study 7pm - Boy Scouts/FH	9am - HeartFELT 6:30pm - Bible Study 7pm - BS Troop/FH	6:15pm - Praise Band, 6:30pm - Choir Practice 7:30pm - AA, FH		Office Closes at Noon SPUMPS Closes @2: 8pm - AA/FH @ FH	